

# Star Chart and Action Plan

Service ID

Service user/identifier

Date of completion

Reading 1st ☐ 2nd ☐ 3rd ☐ 4th ☐

Date joined project

Other ☐ please specify:

Is this a retrospective form? ☐

Completed by: Worker and Service User ☐

Worker alone ☐

Service User ☐

The star chart consists of 10 points, each representing a domain of well-being. Each point has a scale from 1 to 10. The domains are:

- motivation and taking responsibility
- self care and living skills
- managing money
- social networks and relationships
- drug and alcohol misuse
- physical health
- emotional and mental health
- meaningful use of time
- managing tenancy and accommodation
- offending

You should complete a new Star Chart, Star Notes and Action Plan at each review. You can also write new Star readings on the first Star Chart in a different colour in order to get a snapshot of progress. If your agency has its own paperwork for recording notes and action points then just complete the Star Chart.

# Star Chart and Action Plan

You may want to use this sheet to record the reasons for giving the score chosen or any points that have come up in the discussion that you want to record. It can be completed by you or your worker if you prefer.

If you and your worker have different views on the score for any area you can also use this space to note the reasons for the difference. If you are doing a follow-up Star you can use the notes page to record important progress that has been made even if the score has stayed the same or reduced.

## Motivation and taking responsibility

Current score:	Notes
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## Self-care and living skills

Current score:	Notes
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## Managing money

Current score:	Notes
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## Social networks and relationships

Current score:	Notes
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Drug and alcohol misuse

Current score:	Notes
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Physical health

Current score:	Notes
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Emotional and mental health

Current score:	Notes
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Meaningful use of time

Current score:	Notes
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Managing tenancy and accommodation

Current score:	Notes
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Offending

Current score:	Notes
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# Action Plan

Priority outcome area from Star	Current score	Next steps	By who?	By when?	Completed (date)

## Signatures

Service User \_\_\_\_\_ Date \_\_\_\_\_ Staff: \_\_\_\_\_ Date \_\_\_\_\_

Other agency / advocate \_\_\_\_\_ Date \_\_\_\_\_ Manager: \_\_\_\_\_ Date \_\_\_\_\_